

Patient Name: _____ Appointment date / time: _____

CARDIAC PET SCAN

THIS TEST IS APPROXIMATELY 1 HOUR IN DURATION

A Cardiac PET scan is used to evaluate the supply of blood to your heart muscle. An IV line will be started in order to inject a very small dose of radioactive tracer. The tracer will allow us to take pictures of your heart. Please wear something that will allow us to access your chest. Please avoid full length slips and dresses that do not open easily at the top. Also, please NO METAL around your neck or on the clothing that covers your chest. This includes metal snaps, buttons, and any metal decorative items on your shirt, underwire bras are okay.

The day of your exam, please shower and do not use body or hand lotion.

*** MORNING TEST:** DO NOT EAT ANYTHING AFTER MIDNIGHT. YOU ARE ONLY TO DRINK SIPS OF WATER AFTER MIDNIGHT.

*** AFTERNOON TEST:** EAT A NORMAL BREAKFAST 4 HOURS BEFORE YOUR EXAM TIME AND NOTHING AFTER THAT. ONLY DRINK WATER AND NO CAFFEINE OR DECAF WITH YOUR BREAKFAST.

No caffeine for 24 hours prior to your test. This includes: coffee (including decaf), tea, chocolate, sodas, and over the counter drugs that include caffeine (NoDoz, Anacin, Excedrin).

MEDICATIONS: TAKE ALL MEDICATIONS WITH WATER ONLY.

If you are diabetic and your test is in the morning, DO NOT take your insulin dose/pill, but be sure to bring it with you. If your test is in the afternoon, take your normal insulin dose/pill. Bring a glucose tablet or hard candy in case your blood sugar becomes too low.

A 48 HOUR NOTICE IS REQUIRED FOR THIS TEST, OTHERWISE YOU WILL BE BILLED \$300 FOR THE *
DOSE ORDERED SPECIFICALLY FOR YOU.

Our office will contact you 24 to 48 hours prior to your appointment to confirm and obtain your current weight. If you do not hear from us, please contact our office to confirm. Your appointment will be cancelled if we are unable to confirm.