

Patient Name: _____

Appt. Date: _____

Time: _____

**Michael L. Krueger, D.O.
(559) 438-8181**

CARDIOLITE STRESS TEST
THIS TEST IS APPROXIMATELY 3 HOURS IN DURATION

A Cardiolute Stress Test is used to evaluate the supply of blood to your heart muscle. An IV line will be started in order to inject a very small dose of radioactive tracer. The tracer will allow us to take pictures of your heart. Please wear comfortable clothes and shoes for the exercise portion of your test. We also need you to wear something that will allow us to access your chest. Please avoid full length slips and dresses that do not open easily at the top. Also, please **NO METAL** around your neck or on the clothing that covers your chest. This includes metal snaps, buttons and any metal decorative items on your shirt.

MORNING TEST: DO NOT EAT ANYTHING AFTER MIDNIGHT. YOU ARE ONLY TO DRINK SIPS OF WATER AFTER MIDNIGHT.

AFTERNOON TEST: EAT A NORMAL BREAKFAST 4 HOURS BEFORE YOUR EXAM TIME AND NOTHING AFTER THAT. (REMEMBER, YOU ARE ONLY TO DRINK SIPS OF WATER, NO CAFFEINE OR DECAF WITH YOUR BREAKFAST.

*** No caffeine for 24 hours prior to your test. This includes: coffee (INCLUDING DECAF), tea, chocolate, sodas containing caffeine, including colas, Mountain Dew, etc. and over the counter drugs containing caffeine (including NoDoz, Anacin and Excedrin.)

MEDICATIONS: TAKE ALL MEDICATIONS WITH SIPS OF WATER.

If you are diabetic and your test is in the morning, DO NOT take your insulin dose/pill, but be sure to bring it with you, OR if your test is in the afternoon, take your normal insulin dose/pill. Bring a glucose tablet or hard candy in case your blood sugar becomes too low.

A 48 HOUR NOTICE IS REQUIRED FOR THIS TEST; OTHERWISE YOU WILL BE BILLED \$300.00 FOR THE CARDIOLITE DOSE.

*** Our office will contact you 24 to 48 hours prior to your appointment to confirm and obtain your current weight. If you do not hear from us, please contact our office to confirm. Your appointment will be canceled if we are unable to confirm.